

# FLOOR PLANS

First Floor



- 2 NHL regulation-size ice surfaces
- Arena viewing for approximately 280 per ice pad
- Barrier-free change rooms
- 8 lane 25 metre lane pool
- Warm water leisure pool
- Both pools wheelchair accessible
- Multi-sport gymnasium
- Multi-purpose meeting rooms

Second Floor



- Two Arena viewing areas
- 20 seats in warm area
- 136 seats per ice pad in cold area
- 2-lane track (12 laps to the mile)
- Fitness studio
- Strength and cardio training
- Cycling studio

## It's Time...

### to strengthen our community

The new recreation centre will make the region more attractive for professionals and businesses to locate. Our community will be strengthened as new people and entrepreneurs settle here and create jobs. As well, this state-of-the-art facility will attract sporting competitions and tournaments that will boost the local economy.

Health, fitness and wellness programs deliver opportunities and positive values. They foster lifelong learning, lasting friendships and healthy habits that make for a thriving, prosperous community.



## It's Time...

### to support the campaign

The Regional Recreation Centre is for you, your children, your grandchildren, your neighbours and your community. Individuals, community groups, corporations and all those interested in building a community focal point are invited to make a tax deductible donation to the It's Time Campaign. For gifts of \$25,000 or more, there are naming opportunities available.

To donate or join the volunteer team, call 519-376-0484, ext 222.



Charitable Reg No 11907 4995 RR 0001

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# REGIONAL RECREATION CENTRE CAMPAIGN



## It's Time... to build a lifetime of opportunities

This exciting Regional Recreation Centre will provide health, wellness and recreational opportunities for the residents of Grey and Bruce counties for today, tomorrow and for generations to come.

***"We are privileged and honoured to take a leadership role in this \$5 million fundraising campaign, aptly named It's Time... We're confident that people in our community will be very generous in supporting the campaign."***

**– Sonya Mount and Tom Rice, Co-Chairs,  
Regional Recreation Centre Campaign**



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## It's Time...

### to show our commitment

Health, fitness and recreation programs and sport activities are an important part of a healthy, balanced lifestyle. They foster physical and emotional health, well-being and positive experiences.



The City of Owen Sound, the Family Y, the Township of Georgian Bluffs and the Municipality of Meaford are working together to build a shared Regional Recreation Centre that will benefit everyone in the counties of Grey and Bruce. In addition, the awarding of \$21.7 million from the Build Canada infrastructure program and the financial contributions from the key partners, the Family Y is leading a \$5 million community fundraising campaign. Your financial support is key for us to reach our goal.

It's Time...to make your contribution to help build the Regional Recreation Centre!

## It's Time... to expand arena sports

Offering two NHL-sized ice surfaces will allow multiple programs and ice sports to take place simultaneously. For those families who currently drive out of the area for practice time, they will now save countless travel hours by being able to access increased ice time close to home.

The ice pads will be a huge draw. Ice time will be increased for hockey, figure skating, recreational skating and ringette year round with lacrosse using one arena in the summer.

### Arena features include:

- One ice surface for year-round use; the other for lacrosse in the summer
- Barrier free change rooms
- Minority change rooms

**"We get up at 5 a.m. to drive to hockey practice outside Owen Sound ... on a school day!"**

– Hayden Coulter, age 9



## It's Time... to improve aquatic facilities

The Aquatic Centre will have two pools to provide increased space for aquafit, swim lessons, parent-child classes, length fitness swimming, physical therapy activities and drop-in time for recreational swimming. Both the Owen Sound Aquatic Club and Special Olympics swim teams will have a better training facility and a place to host swim meets at home.

### Aquatic features include:

- An 8 lane, 25 metre pool with two lanes always available for length swimming
- A pool slide and play features
- Warm water therapeutic pool with shallow entry – this is same size of current Y pool
- Water jets for rehab and relaxation
- Complete wheelchair accessibility to both pools

## It's Time... to be accessible to everyone

The Regional Recreation Centre, located on major thoroughfares, will be accessible by public transit. It will have programs and amenities to ensure that people of all ages and abilities can access and use the entire facility. These include:

- Pool ramps
- Handicap-accessible washrooms
- Barrier-free change rooms, one with a specially designed sling lift to assist caregivers



The Family Y will continue its commitment to accessibility and inclusiveness by assisting those without the financial means to participate, to ensure that the health, fitness and recreation component of the new centre is open to all.

## It's Time... to improve our health

Physical fitness, a healthy weight and stress reduction are widely recognized as key factors in preventing and fighting healthcare issues such as cardiovascular disease, cancer and diabetes. The Wellness Centre will offer a host of services aimed at promoting healthy living. Included are:

- Fitness studio
- Cycling studio
- Modern strength and cardiovascular training equipment
- 2-Lane Indoor Track ~12 laps to the mile
- Multi-Sport Gymnasium
- Cardiac Rehab program

The integrated facilities in the rec centre will provide an accessible, welcoming hub for people of all ages to participate in a more active lifestyle.

